



Virtues Study: **Thanksgiving Study** **Participants Guide**

BIG IDEA!

This week's Study is all about thankfulness! The hope of this study is to spark a sense of thankfulness within the group as we celebrate Thanksgiving.

WARM UP (5-10 minutes)

1. **DISCUSSION STARTER:** Share a favorite Thanksgiving tradition. Discuss why these traditions are meaningful and how they reflect gratitude.

DISCUSSION QUESTIONS (30-40 minutes)

READ Colossians 3:15-17 OUT LOUD TOGETHER

(We recommend reading from the same version of the Bible if possible, for continuity sake. Although there are several good versions, we recommend the NIV, CSB, NLT, ESV)

1. How does letting the peace of Christ rule in our hearts connect with being thankful?
2. In what ways can the word of Christ dwell in us richly, and how does this contribute to a spirit of gratitude?
3. Share a personal experience where it was difficult to be thankful, where you were able to still find a reason to be thankful. How can gratitude in challenging times impact our faith and witness to others?

4. Colossians 3:17 mentions doing everything with thanksgiving. How can our actions and deeds reflect a heart of gratitude? Share practical ways you can tangibly express thankfulness in your daily life.

5. How can we foster a culture of gratitude within our city group or church community? In what ways can we support and encourage one another to maintain a thankful spirit?

6. How does incorporating thanksgiving into our prayers deepen our connection with God?

7. What are you thankful for today?

LIVE IT OUT!

1. Create a thankfulness journal and write down 10 things that you're thankful for each day this week.
2. Share 1 thing that you're thankful for with your group each day.

PRAYER (5-10 minutes)

Close your time with prayer. Thank God for the time that you just spent together. Thank Him for His grace in your lives. Pray for each other's specific needs. Remember, this can just be a very simple prayer.